



EMPIRE FOOTBALL LEAGUE

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LAST WEEK'S RESULTS

Saturday, July 16

Albany 30, Watertown 7
 Glens Falls 76, Elmira 6
 Plattsburgh 24, Montreal 6
 Amsterdam forfeit win over Vermont
 Bye: Syracuse

UPCOMING SCHEDULE

Saturday, July 23

Glens Falls at Albany, 7:30
 Elmira at Amsterdam, 7:30
 Montreal at Syracuse, 7:30
 *Watertown, Vermont (forfeit game)
 Bye: Plattsburgh

* Vermont is on one-year leave of absence,
 all games will result in a forfeit

2011 EFL STANDINGS

Team	W	L	Pct.	Streak
Albany	2	0	1.000	W2
Glens Falls	2	0	1.000	W2
Syracuse	1	0	1.000	W1
Montreal	1	1	.500	L1
Amsterdam	1	1	.500	W1
Plattsburgh	1	1	.500	W1
Watertown	0	1	.000	L1
Elmira	0	2	.000	L2

Offensive Player of the Week Ian Godfrey, Glens Falls, QB

Godfrey led the Greenjackets to their second straight win with five touchdowns passes on just 16 attempts. Godfrey threw for 260 yards completing over 62 percent of his passes. He also ran the ball six times for 28 yards.

Defensive Player of the Week Donald Murdock, Albany, DB

Murdock helped the Albany defense put up another stout performance against Watertown, picking off quarterback Brian Williams twice, returning one back for a touchdown. Murdock also recorded three tackles and a pass defensed.

Special Teams Player of the Week Mitch Ryder, Plattsburgh, K

Ryder used his leg to help Plattsburgh earn their first win of the season. Ryder posted ten points for the North Stars going 3-for-3 on field goals, adding a PAT. Two of Ryder's field goals were beyond 40 yards, while booting three touchbacks.

Rookie of the Week Jimi Hilton, Glens Falls, RB/LB

Hilton, a two-way player, gave the Greenjackets quality minutes on both sides of the ball against Elmira. Hilton ran four times for 57 yards, a 14.3 yards per carry average. Hilton also recovered a fumble and returned it for a touchdown.



Albany defense swarming Watertown running back TJ Williams (34). Photo courtesy of Art Nicklas



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WEEK TWO INDIVIDUAL/TEAM LEADERS (TOP 5)



SCORING

Name	FG	XP	2PT	Rush	Rec.	Ret.	TD	PTS
T. Burke, Syr.					3		3	18
D. Gordon, Syr.				1		2	3	18
M. Ryder, Platt.	4	2						14
Four tied at 12								

PASSING

Name	Comp	Att.	Yds.	TD	INT
K. Stay, Platt.	28	63	400	2	1
I. Godfrey, GF	17	33	367	5	2
S. Lawson, Alb.	15	27	290	4	2
N. Shepard, Ams.	9	24	127	0	2
C. Stevens, Syr.	5	10	114	3	0

RUSHING

Name	Att.	Yds.	Avg.	Long	TD
I. Godfrey, GF	14	114	8.1		2
E. White, Ams.	15	104	6.9	22	1
J. Hilton, GF	9	76	8.4		1
A. Rice, Alb.	8	65	8.1	18	0
S. Cooperwood, Alb.	22	63	2.9	10	1

RECEIVING

Name	Rec.	Yds.	Avg.	Long	TD
J. Keleher, Platt.	10	183	18.3	46	1
T. Burke, Syr.	4	135	33.8	50	3
C. Tarver, Alb.	4	126	31.5	79	1
D. Henderson, Alb.	7	110	15.7	39	1
A. Price	7	106	13.3	15	0

TACKLES

Name	Solo	Asst.	Total
J. Currier, Platt.	7	11	18
B. Godfey, Platt.	3	9	12
J. Lacy, GF	11	0	11
O. West, GF	11	0	11
K. Gibson, Platt.	3	7	10
J. Boyd, Alb.	7	3	10

INTERCEPTIONS

Name	Total
C. Moore, Syr.	2
G. Davenport, GF	2
E. Byrnes, GF	2
D. Murdock, Alb.	2
Three tied at one	

SACKS

Name	Total
C. Hart, Syr.	2.0
R. Sanders, GF	2.0
M. Anderson, Alb.	2.0
K. Gibson, Platt.	2.0
Ten tied at one	

FUMBLE RECOVERIES

Name	Total
Eight tied at one	

SCORING OFFENSE (TOTAL)

Name	PTS	PPG	Yds.	Yds./Gm
Syracuse	76	76.0	271	271.0
Glens Falls	103	51.3	741	370.5
Albany	49	24.5	659	329.5
Plattsburgh	34	17.0	710	355.0
Watertown	7	7.0	115	115.0

PASSING

Name	Comp	Att.	Yds.	Yds./Gm	TD	INT
Albany	23	43	453	226.5	4	3
Plattsburgh	33	60	453	226.5	2	1
Glens Falls	17	33	367	183.5	5	2
Syracuse	6	11	114	114.0	3	0
Amsterdam	9	24	113	113.0	0	2

RUSHING

Name	Att.	Yds.	Yds./Gm	TD
Glens Falls	55	374	187.0	7
Plattsburgh	51	257	128.5	1
Albany	40	206	103.0	2
Watertown	27	101	101.0	0
Amsterdam	17	98	98.0	1

SCORING DEFENSE (TOTAL)

Name	PTS	PPG	Yds.	Yds./Gm
Glens Falls	12	6.0	225	225 (1 gm)
Albany	17	8.5	453	226.5
Montreal	24	12.0	372	372.0 (1 gm)
Plattsburgh	25	12.5	328	328.0 (1 gm)
Syracuse	19	19.0	271	271.0

PASS DEFENSE

Name	Yds	Yds./Gm
Glens Falls	113	113.0
Albany	314	157.0
Plattsburgh	216	216.0
Amsterdam	107	107.0

RUSH DEFENSE

Name	Yds.	Yds./Gm
Glens Falls	98	98.0
Albany	139	69.5
Plattsburgh	112	112.0
Amsterdam	92	92.0

SACKS

Name	Total
Syracuse	5
Albany	4
Glens Falls	4
Plattsburgh	3
Watertown	2

TURNOVERS

Name	Fum Rec.	INT	Total	TD
Glens Falls	2	6	8	2
Albany	3	4	7	1
Syracuse	3	3	6	3
Plattsburgh	0	1	1	0
Amsterdam	0	1	1	0



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WEEK TWO RECAPS



VS



ALBANY 30, WATERTOWN 7 - The Albany Metro Mallers won their second consecutive home game against the Watertown Red & Black 30-7, behind another stellar performance by the Maller defense. Albany held Watertown scoreless throughout the first three quarters as a steady Maller offense scored once in each quarter. EFL Defender of the Week, Donald Murdock led the Albany defense with two interceptions, one of which he returned for a touchdown. Offensively, running back Sylvester Cooperwood scored twice for the Mallers, Quarterback Scott Lawson, who split time with starter Manny Isaac for the second straight week, connected with Cooperwood for a 30 yard run and catch touchdown. Do-it-all slot receiver CJ Tarver struck again scoring on a 36 yard scamper. The potent Watertown running game rushed for 101 yards as the combination of Brian Williams and Joe Brennan were held in check by the Albany defense. Running back Anthony Noel score the Red & Blacks lone touchdown.



VS



GLENS FALLS 76, ELMIRA 6 - The Glens Falls Greenjackets dominated all four quarters as they cruised past the Elmira Evolution 76-6. Glens Falls quarterback Ian Godfrey threw for five touchdown passes, earning him EFL Offensive Player of the Week. Godfrey connected with four different receivers on his five TD passes, throwing for 260 yards and completing over 62 percent of his passes. Defensively for the Greenjackets, linebacker Greg Davenport picked off two passes, holding the Evolution scoreless on offense (Elmira's lone TD came off an INT return). Returner Andrew Morehouse took a kickoff 74 yards for a touchdown as all three phases of the game scored points for Glens Falls. Two-way player Jim Hilton earned Rookie of the Week honors for his staggering 14.3 yards per carry (5 carries, 74 yards) and fumble recovery for a touchdown.



VS



PLATTSBURGH 24, MONTREAL 6 - The Plattsburgh North Stars bounced back from a week one defeat with a 24-6 victory over the visiting Montreal Conquerors. The North Stars played sound football on both sides of the ball holding Montreal scoreless through the game's first three quarters. The Plattsburgh rushing attack combined for over 200 yards as six different North Stars shared the ball. Missing in week one, Trevor St. Clair was a presence at the tight end position catching three passes for 33 yards and a touchdown. Plattsburgh kicker Mitch Ryder connected on all three of his field goal attempts, two of them beyond 40 yards. Linebacker James Currier registered ten tackles on the night, giving him the first double-digit performance of the season.